

# Cycling to School

The following information is to help you enjoy cycling to school in a safe way.

## KEEPING YOUR CYCLE ROADWORTHY

### CHECK

- Nuts and bolts regularly for tightness.
- That moving parts are lubricated.
- That the front and back brakes are working.
- That lights are fully operational.



**Safety checks will be carried out from time to time and unsafe cycles will be removed, locked away and have to be pushed home.**

### ON THE ROAD

- Wear a helmet.
- Do not cycle on pavements.
- Make sure you are seen clearly by drivers.
- Check you understand how the highway code affects cyclists.

### ON SCHOOL PREMISES

- Push your cycle at all times on school premises.
- STAY AWAY from the cycle shed - only park and collect your cycle.
- Help to keep the cycle shed free of litter.
- Padlock your cycle.

### PERMITS

- To cycle to school you need to be prepared to comply with the above guidelines.
- Permits should be carried at all times.
- Permit forms are available from the school office.