

Exam Technique

Get some sleep the night before the exam.

It's too late to do any worthwhile revision at that stage and a late night session will burn up the mental energy you'll need the next day.

Read the questions several times. Don't answer until you are sure of what they're asking.

Plan out your time in the exam. If there are four 30 minute questions make sure you spend the same amount of time on each one.

When time is up, finish and forget. Concentrate on any other exams you may have. Stay focused.

Know where the marks in each question are and on those sections that carry the most.

Leave time to review. Make sure you haven't made any silly mistakes.

Draft your answers. A few minutes of preparation will help you to improve your performance.

Make sure you know exactly when and where your exams are well in advance - arrive early.

Make sure you have everything you need for the exam. Always have one or more spare pens.