

Do you learn best in an Auditory way?

Auditory learners might say:

- When I am reading, I like to read aloud or listen to the words in my head.
- I need to discuss things to understand them better.
- I prefer it if someone tells me how to do something, rather than having to read the directions for myself.
- I prefer hearing someone explain something, or listening to a tape, rather than reading a textbook.
- I can easily follow what a speaker is saying even if my head is down on the desk or I'm looking out of the window.
- I remember what people say better than what they look like.
- I remember things better if I study aloud with someone.
- It's hard for me to picture things in my head.
- I find it helpful to talk myself through my homework assignments.
- I like to complete one task before starting another.
- I would rather do a report on tape than write it.
- When learning something new, I prefer to listen to information on it.

If you do like Auditory learning, try:

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| ✓ Talking and discussion | ✓ Rhyme and mnemonics |
| ✓ Listening carefully | ✓ Rhythm |
| ✓ Groupwork and pairwork | ✓ Repeating ideas, facts, etc |
| ✓ Explanations and explaining things to someone else | ✓ Playscripts and poetry |
| ✓ Choosing music that helps you to concentrate | ✓ Sound |
| ✓ Reading aloud | ✓ Putting what you've heard into your own words |
| ✓ Teaching things to others | ✓ Putting ideas into a rap or song |
| ✓ Recording information | ✓ Learning to spell by saying the word |
| ✓ Listening to your own voice inside your mind | ✓ Asking yourself questions |